



Mentor Senior Center October Menu

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Sheperd's Pie	2 Johnny Marzetti (Pasta casserole)
5 Pasta and meatballs	6 Italian Sausage	7 Grilled Cheese and Soup	8 90+ Celebration Heirloom	9 Cook's Choice
12 Roasted Pork Loin	13 Chicken Caesar Salad	14 cheese burger	15 Chili Cook-off	16 Chicken Alfredo
19 Italian Sausage	20 Chicken Pot Pie	21 Sweet and sour pork	22 Breakfast casserole	23 Tuna Salad Wrap
26 Honey Lime Chicken	27 Tuna Noodle Casserole	28 Meatball Sub	29 Celebration Lunch	30 Cook's Choice

Daily Lunch

Stop by the Mentor Senior Center for one of the best lunches in town! A daily Cook's special features a meat or other high-protein entree served with a vegetable for \$6. You'll also find homemade soups, sandwiches, and freshly baked cookies to complete your meal. Beverage options include: coffee, tea, milk, lemonade, and soda.

No reservations or pre-orders are needed. Simply place your order in person, pay at the cashier, and pick up your meal at the kitchen window.

You must be a Mentor Senior Center Member to purchase lunch.

October Celebrations

Senior Center Great Room

Pre-registration required

Ninety Plus Celebration: October 8th

90+ Free

Resident / Non Resident: \$11

Menu: Chicken Marsal, spaetzle, mixed veggies, and poke cake

Registration Deadline: September 24th

Chili Cook-off

Resident / Non Resident: \$5

Monthly Celebration: October 29

Resident / Non Resident: \$11

Menu: Stuffed Peppers, mashed potatoes, dirt pudding

Registration Deadline: Oct 15th