MENTOR

SENIOR CENTER NEWSLETTER

Senior Center Membership
is required for participation.
Registration opens at 8 a.m.
Mentor Residents:
Monday, DECEMBER 7
Non-Residents:
Tuesday, DECEMBER 8

Membership Renewal
begins ***January 4***
plan on coming in 30 minutes before your first scheduled activity to renew

Trip Promotional Meeting
January 14*, 1 - 4 p.m.*
See pages 18 & 19 for details

Building Maintenance
The building will be closed
February 22 - 26



January - April 2027
keep until May

8484 Munson Road
Mentor, OH 44060
440-974-5725
www.mentorseniorcenter.com
Hours: Mon & Wed 8am - 8pm
Tue, Thu & Fri 8am - 5pm

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2027 MEMBERSHIP is required at the Mentor Senior Center.
$10 Mentor residents
$15 Non-residents
Free - Silver Sneakers members
Please scan your membership card when entering the building.

IN MEMORIAM

We extend our heartfelt condolences to the families and loved ones of our cherished members who have recently passed away: **Yvonne Coman, Joan Glenbocki, Ronald Murawski, Betty Ficke, Doris Krivacic, Hap Berichon, Robert "Bob" Williams, Robin Zonneville, Colleen Moran, Anna Zorko**. Their presence and contributions will be deeply missed, and our thoughts are with all who are mourning their loss.

COORDINATOR'S CORNER

Happy New Year!

We are excited to welcome everyone back for another great year at the Senior Center! As we head into January, we have a few important reminders and some exciting things happening around the Center.

Membership renewal begins January 4! Remember, the Senior Center is a membership-based facility, and everyone must have a current membership before participating in any activities. This includes classes and programs, playing cards and pool, ordering lunch, and other activities in the building. Please plan to arrive about 30 minutes before your first activity of the year to allow time to renew your membership. Be sure to renew so you don't miss out!

We're also excited for some building upgrades, including new flooring in select areas, fresh paint, electrical work, and more. To complete the bulk of these improvements, the Senior Center will be completely closed February 22–26, during our typical class break week. We appreciate your patience and look forward to sharing our refreshed spaces with you!

Our Trip Promotional Meeting is also coming up at the beginning of January. Pre-registration is required and begins during December registration. The meeting fills quickly, but don't worry if you're placed on the waitlist—trips don't fill in one day, and there will be plenty of travel opportunities throughout the year! Only our charter bus day and overnight trips open for registration at this meeting. All other trips open for registration with the newsletter in which they are advertised.

We're looking forward to a wonderful start to the year and all the fun, friendship, and new experiences ahead. We can't wait to see you at the Center!

Warmly,
Renee, Dave and Colleen

ADVISORY BOARD

The MSC Advisory Board helps make the Senior Center a vibrant and welcoming place for everyone! Board members plan activities, programs, and special events that bring people together and enrich the Senior Center experience. They also oversee the Scholarship Program and value your ideas and feedback. We'd love to hear from you!

Financial assistance is available for membership, exercise classes, fitness studio orientations, arts and crafts classes, celebration luncheons, and special events. Income guidelines are $31,920 for a household of one and $43,280 for a household of two; extenuating circumstances will be considered. Applications are available at the front desk and are due November 2 for January–April 2027 programs

The Advisory Board meets on the second Monday of each month at 12:30 PM. Meetings are open to all members. Upcoming dates are January 11, February 8, March 8, April 12.

MEMBERSHIP AND HOURS

The Mentor Senior Center, administered by the City of Mentor, is a lively community gathering place serving more than 4,000 members ages 55 and older. Open Mon and Wed from 8 a.m.–8 p.m. and Tue, Thur, and Fri from 8 a.m.–5 p.m., the Center offers a wide variety of activities and programs. *Front desk closes 30 minutes before the building.*

Membership is required to participate in all activities and is open to everyone age 55 and older; Mentor residency is not required. 2027 membership registration and renewals begin Jan 4, 2027. Annual membership fees are $10 for Mentor residents and $15 for nonresidents, with SilverSneakers® memberships available for those who qualify. New members must register in person, while current members may renew in person or by phone. All 2026 memberships expire Dec 31, 2026, and everyone must renew for 2027, including SilverSneakers® members. If you plan to participate in an activity early in the new year, we recommend arriving at least 30 minutes before your first activity to allow time to complete the renewal process.

Holiday Hours: We are closed on Friday Jan 1st for New Years, Monday, Jan 18th for MLK day, and Feb 15th for Presidents day. We will also be shut down Feb 22-26th for building maintenance.

SENIOR CENTER INFORMATION

Check out **www.MentorSeniorCenter.com** – your one-stop destination for everything happening at the Senior Center!

Our website is easy to use and filled with helpful information, including our current programs, lunch menu, and monthly newsletter.

Classes are offered in convenient 7-week sessions (approximately two months), with a short break in between each session. You have the option to register and pay for one session or two sessions at a time. Be sure to check the front cover of this newsletter for registration dates and the months this session covers.

Want to sign up for activities online? Simply click **"Get in on the Fun"** on the right side of the homepage. Then, scroll to the bottom of the next page and click **"Register Now"** to get started. Explore, stay informed, and get involved – all in one place!

COMMUNITY RESOURCES

Frequently used numbers:

"211" – call for help program
Provides access to information and services regarding healthcare and human service agencies.

Social Security – **1-800-772-1213**
Painesville - **1-877-692-3143**

Adult Protective Services – **440-350-4000**
Job and Family Services have social workers who investigate elder abuse and neglect.

LC General Health District
Painesville – **440-350-2543**

Laketran Dial-a-Ride Service - **440-354-6100**
Free transportation to and from the Mentor Senior Center for Seniors who are 60+.

Lake County Council on Aging -
Mentor – **440-205-8111**
Service, programs, information, and referrals.

Mentor Fire Department
Lock Box program – **440- 974-576**

Veterans Services Commission of Lake County - **440-350-2567**
Assistance is available to those who have honorably served their country.

Western Reserve Grief Services (Hospice) – **800-707-8922**, Hospice provides bereavement and support services.

REGISTRATION

Important Registration Update
Members can register family members on their account. They may not register friends for programs. As a courtesy, members may register one friend for trips with assigned seats. For trips, your friend must be going on the same trip as you, and you must provide cash or a check from your friend at the time of registration. Your friends are required to register independently for all other programs using one of the following methods: in person, online, or over the phone.

Winter/Spring Class Registration
Senior Center membership is required for participation. Registration opens at 8 a.m.
Mentor Residents: Monday, December 7 | Non-Residents: Tuesday, December 8

3 Ways to Register

1. *Online:* The fastest option. Create an account at the front desk and register online using a credit card. *(Not available for new memberships or assigned-seat bus trips.)*
2. *In Person:* Staff available to assist. Expect lines the first two days. Pay with cash, check, or credit card.
3. *By Phone:* Voicemail not available before noon on the first two days. Calls are returned in order received. Registration is confirmed **only after payment**.

Refund Policy Highlights

- No refunds within 1 week of the program start or advertised registration deadline.
- $10 fee per class/per person ($25 per trip/per person) for changes or cancellations.
- Overnight trips require a $100 nonrefundable deposit; travel insurance is recommended.
- Doctor's note required for medical refunds. Decisions within 5-10 days.

Choose programs carefully to avoid fees.

PRE-REGISTRATION REQUIRED FOR CELEBRATION LUNCHES

JANUARY CALENDAR - LUNCH SERVED 11:30 AM - 12:15 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 **NEW YEAR'S DAY FACILITY CLOSED**
4 **MEMBERSHIP RENEWAL STARTS** Italian Sausage Casserole Cooking Class 3:30 p.m. LCCOA 12 p.m.	5 Chicken Marsala	6 Meatloaf Bingo 1 p.m. Parkinson's Support 4 p.m.	7 Pulled Pork	8 Meat Lasagna
11 Breaded Pork Chop Advisory Board 12:30 p.m.	12 Johnny Marzetti ROMEO 1 p.m.	13 Tuna Croissant Tech Help 12 p.m. Attorney 1 p.m.	14 Stuffed Peppers w/ Mashed Potatoes Trip Promotional Meeting 1 p.m.	15 Honey Garlic Chicken
18 **MLK DAY CLOSED**	19 Grilled Cheese & Tomato Soup Juliet 1 p.m.	20 Chicken Cordon Bleu Bingo 1 p.m. Book Club 1:30 p.m.	21 Sweet & Sour Chicken	22 Sausage & Potato Casserole
25 Chicken Pot Pie Produce 10 a.m. Cook Book Club 3:30 p.m.	26 Pork Taco	27 Spaghetti & Meatballs Coffee with the Cops 10 a.m.	28 **Monthly Celebration:** City Chicken, Mashed Potatoes, Green Beans	29 Cook's Choice

FEBRUARY CALENDAR - LUNCH SERVED 11:30 AM - 12:15 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sweet & Sour Chicken International Club 10 a.m. LCCOA 12 p.m. Cooking Class 3:30 p.m.	2 Ravioli	3 Honey Lime Chicken Hearing Screenings 10 a.m. - 12 p.m. Bingo 1 p.m. Parkinson's Support 4 p.m.	4 2 Soft Tacos Tech Help 8:30 a.m. Newcomers 3 p.m.	5 Pork Loin
8 Cheeseburger Advisory Board 12:30 p.m.	9 Chicken Piccata ROMEO 12 p.m.	10 Stuffed Shells Attorney 1 p.m.	11 Meatball Sub	12 Meatless Pierogi
15 **PRESIDENT'S DAY CLOSED**	16 Pasta & Meat Sauce Produce 10 a.m. Juliet 1 p.m.	17 Pulled Pork Bingo 1 p.m. Book Club 1:30 p.m.	18 **Monthly Celebration:** Chicken Cordon Bleu, Mashed Potatoes, Green Beans	19 Tuna Noodle Casserole
22 **Break Week Facility Closed**	23 **Break Week Facility Closed**	24 **Break Week Facility Closed**	25 **Break Week Facility Closed**	26 **Break Week Facility Closed**

REGISTRATION REQUIRED FOR ALL CELEBRATION LUNCHES

MARCH CALENDAR - LUNCH SERVED 11:30 AM - 12:15 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Paprikash International Club 10 a.m. LCCOA 12 p.m. Cooking Class 3:30 p.m.	**2** Pulled Pork	**3** 1/4lb Hot Dog Tech Help 12 p.m. Bingo 1 p.m. Parkinson's Support 4 p.m.	**4** Salisbury Steak	**5** Mac-n-Cheese Broccoli Casserole
8 Sweet & Sour Pork Advisory Board 12:30 p.m.	**9** Chicken Marsala ROMEO 1 p.m.	**10** Chicken Salad Crossiant Downsizing Class 10 a.m.	**11** **St. Patty's Day:** Shepherd's Pie, Irish Bread Pudding	**12** Grilled Cheese & Tomato Soup
15 Meatball Subs Produce 10 a.m. Cookbook Club 3:30 p.m.	**16** Kielbasa, Cabbage & Noodles Outsmart Scammers 10 a.m. Juliet 1 p.m.	**17** Breaded Pork Chop Attorney 1 p.m. Book Club 1:30 p.m.	**18** Cheeseburger	**19** Vegetable Lasagna
22 Honey Lime Chicken	**23** Stuffed Shells	**24** Swedish Meatballs Konversations with Ken 12 p.m. Visionaries Support 2 p.m.	**25** **Monthly Celebration:** Ham Steak, Cheese Potatoes, California Veggie Mix, Cup Cake	**26** Cook's Choice **GOOD FRIDAY**
29 Sausage Potato Casserole	**30** Meatloaf Online Registration Class 10 a.m.	**31** Sweet & Sour Chicken		

APRIL CALENDAR - LUNCH SERVED 11:30 AM - 12:15 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BBQ Chicken Tech Help 8:30 a.m. Guardians Opening Day Party (TBA)	**2** Italian Sausage & Peppers
5 Stuffed Pork Chop **Resident Registration** International Club 10 a.m. LCCOA 12 p.m. Cooking Class 3:30 p.m.	**6** Chicken Caesar Wrap **Non-Resident Registration**	**7** Lasagna Hearing Screening 10 a.m. Your Story, Your Way 10 a.m. Bingo 1 p.m. Parkinson's Support 4 p.m.	**8** Sweet & Sour Meatballs Newcomers 3 p.m.	**9** Honey Garlic Chicken
12 Chicken Parmesan AARP Safe Driving Class 10 a.m. Advisory Board 12:30 p.m.	**13** Grilled Cheese & Soup ROMEO 1 p.m.	**14** Salisbury Steak Attorney 1 p.m.	**15** Pulled Pork	**16** Johnny Marzetti
19 Meatloaf & Mashed Potatoes Produce 10 a.m. Cookbook Club 3:30 p.m.	**20** Pork Loin Juliet 1 p.m.	**21** Chicken Paprikash Book Club 1:30 p.m.	**22** Stuffed Peppers	**23** Chicken Fettucine
26 **Break Week** 1/4lb Hot Dog	**27** **Break Week** Swedish Meatballs	**28** **Break Week** Tuna Salad Croissant Visionaries Support 2 p.m.	**29** **Break Week** **Monthly Celebration:** Chicken Piccata Tech Help 12 p.m.	**30** **Break Week** Cook's Choice

ON GOING SCHEDULE

SS=SilverSneakers

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:05 SS BOOM Muscle	8:05 SS Classic	8:05 SS BOOM Muscle	8:05 SS Classic	9:00 Low Impact Aerobics
9:00 Low Impact Aerobics	9:00 Aqua Hit at MCRC	9:00 SS Yoga	9:00 Low Impact Aerobics	10:00 SS Classic
9:00 Shallow/Deep Water Class at MCRC	9:00 Low Impact Aerobics	10:00 Shallow/Deep Water Class at MCRC	9:00 Aqua Hit at MCRC	10:00 Samba Card Game
10:00 Shallow/Deep Water Class at MCRC	9:00 Quilting	10:00 SS Classic	9:00 Pickleball Intro at MCRC	10:00 Cardio Splash Water Ex at MCRC
10:00 SS Classic	9:00 Piano	10:00 Hand, Knee & Foot	10:00 Pickleball Intermediate at MCRC	11:00 SS Yoga
10:00 Hand, Knee & Foot	10:00 Pickleball at MCRC	10:00 Creative Ceramics	10:00 Weight Training	12:00 SS Stability
10:30 Needlecrafters Club	10:00 Weight Training	10:00 Music Makers	10:00 All Media Painting	12:30 Wii Bowling
11:00 SS Stability	10:00 Stretch and Tone Water Ex at MCRC	11:00 SS Cicuit	10:00 Stretch and Tone Water Ex at MCRC	12:30 Duplicate Bridge
11:00 Ukulele Club	11:00 Stretch and Balance Virtual/InPerson	12:00 Special Elders SS Classic	11:00 Stretch and Balance Virtual/InPerson	1:00 Chair Volleyball
12:00 SS Yoga	11:30 Pickleball Intro MCRC	12:00 Hand, Knee & Foot	12:30 Wii Bowling	2:45 Ping Pong
12:30 Mahjong	12:00 Am Sign Language	1:00 Chair Volleyball	1:00 SS Classic	
1:00 Chair Volleyball	12:00 Pinochle	1:00 Rummikub	1:00 Cribbage	
1:00 Bingo	12:00 Hand, Knee & Foot	1:00 Euchre	2:00 SS Circuit	
1:00 Scrabble	12:00 SS Stability	3:00 Parkinson's Exercise	2:00 Canasta	
3:00 Mat Yoga	12:30 Pickleball Inter MCRC	4:00 Boom Mind SS	2:00 Sr. Water Ex at MCRC	
4:00 SS Boom Muscle	12:30 Duplicate Bridge	5:45 Line Dance Beg	3:00 SS Yoga	
5:30 Quilting	1:00 Chess	6:00 Cornhole	4:00 SS EnerChi	
	1:00 SS Classic	6:45 Line Dance Adv		
	2:00 SS Circuit	6:45 Follies Dancers		
	2:00 Woodcarving			
	2:00 Sr. Water Ex at MCRC			
	7:15 Move & Groove Water Ex at MCRC			

Mentor Senior Center 2027 Special Events

Jan	14	Trip Promotional Meeting	1 – 4 p.m.
	28	Monthly Celebration	11:30 a.m. – 1 p.m.
Feb	4	Newcomers	3 – 4 p.m.
	18	Monthly Celebration	11:30 a.m. – 1 p.m.
	22-26	Facility Shut Down	
Mar	11	St. Patrick's Day Luncheon	11:30 a.m. – 1 p.m.
	25	Monthly Celebration	11:30 a.m. – 1 p.m.
Apr	1	Guardians Event	TBA
	8	Newcomers	3 – 4 p.m.
	24	Garage Sale	9 a.m. – 3 p.m.
	29	Monthly Celebration	11:30 a.m. – 1 p.m.
May	13	Picnic on the Patio	11:30 a.m. – 1 p.m.
	TBA	Senior Day at the Mall	9 a.m. – 2 p.m.
	27	Monthly Celebration	11:30 a.m. – 1 p.m.
Jun	10	Picnic on the Patio	11:30 a.m. – 1 p.m.
	16	Dinner on the Patio	4 – 6 p.m.
	17	Newcomers	3 – 4 p.m.
	24	Monthly Celebration	11:30 a.m. – 1 p.m.
Jul	8	Picnic on the Patio	11:30 a.m. – 1 p.m.
	14	Scimitars Summer Concert	7 – 8 p.m.
	22	Ice Cream Social/Advisory Board	1 p.m. – 2 p.m.
	29	Monthly Celebration	11:30 a.m. – 1p.m.
Aug	12	Picnic on the Patio	11:30 a.m.–1:00 p.m.
	13/14	Mentor CityFest	5 – 11 / 12 – 11 p.m.
	26	Monthly Celebration	11:30 a.m. – 1:00 p.m.
Sep	9	Volunteer Appreciation Lunch	11:30 a.m. – 1 p.m.
	15	Hillcrest Summer Concert	7 – 8 p.m.
	30	Monthly Celebration/Clam Bake	11:30 a.m. – 1 p.m.
Oct	7	Newcomers	3 – 4 p.m.
	TBA	ASA Health Fair/Chili Cookoff	9:30-11:15/11:30-12:30
	14	90 + Lunch	11:30 a.m. – 1 p.m.
	20	Pizza with the Board	4 - 6 p.m.
	28	Monthly Celebration	11:30 a.m. – 1 p.m.
Nov	10	Veteran's Breakfast	11:30 a.m. – 1p.m.
	13	Arts n Crafts Sale	9 a.m. – 3 p.m.
	18	Thanksgiving Celebration	11:30 a.m.–1:00 p.m.
Dec	1	Hillcrest Band Holiday Concert	7 – 8 p.m.
	16	Monthly Celebration, Christmas Party	11:30 a.m. – 1 p.m.
	31	Noon Year's Eve Event	11:30 a.m. – 1:30 p.m.

ARTS & CRAFTS

All Media Painting

All the fundamentals of art will be covered: composition, design, and color. Please bring the media of your choice, paper, and reference materials.
Instructor: Ginny Mancini
Location: Senior Center Cultural Arts Room
Resident: $40 | Non-Resident: $50
Thursday(s), 10 a.m. - 12 p.m.
dates: Jan 7 - Feb 18, Mar 4 - Apr 22

Creative Ceramics

This class focuses on decorating pre-made ceramic pieces—no wheel throwing or wet clay. Instruction and kiln firing are included. A $10 supply fee (included in registration) covers brushes and glazes. Greenware or bisqueware pieces are available for purchase from the instructor. All skill levels welcome! Returning students may bring their own pieces to glaze.
Instructor: Sharon Williams
Location: Senior Center Cultural Arts Room
Resident: $50 | Non-Resident: $60
Wednesday(s), 10 a.m. - 12 p.m.
dates: Jan 6 - Feb 17, Mar 3 - Apr 21

Needlecrafters Club

Bring your crochet hooks, knitting needles, or cross-stitch kits and enjoy a cozy, creative session with fellow crafters! Whether you're a beginner or a seasoned stitcher, it's the perfect time to relax, share ideas, and make progress on your favorite project in a warm, friendly setting. One-time annual registration required at the front desk.
Location: Senior Center Cultural Arts Room
Resident | Non-Resident: FREE
Monday(s), 10:30 a.m. - 12 p.m.
(No meet up Jan 18, or Feb 15, 22)

Quilting Club

Join us for Quilting Club, meeting either Mondays or Tuesdays. Bring your current quilting project and enjoy a relaxed, welcoming atmosphere while you sew and socialize with fellow quilters. This club is free to attend, but we ask that you register at the front desk once per year. Please note: This is not a class. Participants should have prior quilting experience and must bring their own supplies, including a sewing machine.
Location: Senior Center Cultural Arts Room
Resident | Non-Resident: FREE
Monday(s), 5:30 - 7:30 p.m.
Tuesday(s), 9:00 - 11:00 a.m.
(No meet up Jan 18, or Feb 15, 22, 23)



Woodcarving

Beginner or experienced carvers. Patterns and tools available. The first project kit is available for $5, payable to the instructor. Remaining projects and wood are at your own expense.One-time annual registration required a the front desk.
Volunteer Instructor: Ken Kothera
Location: Senior Center Cultural Arts Room
Resident | Non-Resident: FREE
Tuesday(s), 2 - 4 p.m. ***(No class Feb 23)***

CONTINUING EDUCATION

AARP Driver Safety Course

Licensed drivers 55 or older can take this class designed to refine existing skills as well as develop new, safe defensive driving techniques. You may earn a certificate and possibly qualify for a lower auto insurance rate (check with your agent). Bring your driver's license and AARP card to the class. Cost: $20 for AARP members, $25 for non-AARP members, check or money orders made payable to AARP is due upon registration. Lunch is on your own.
Instructor: AARP Instructor
Location: Senior Center Cultural Arts Room
AARP Member: $20 | Non-AARP Member: $25

date	*day*	*time*
Apr 12	Monday	10 a.m. – 2:30 p.m.

Book Club

Join Mentor librarian Cailey Hutchins to discuss popular reads each month. Call (440) 255-8811, ext. 247 to arrange pick up at the drive thru. Personal copies may also be used. For more information, email cailey.hutchins@mentorpl.org.

Location: Senior Center Cultural Arts Room
Wednesday(s), 1:30 - 3 p.m.

dates	*book*
Jan 20	*The Borrowed Life of Frederick Fife* by Anna Johnston
Feb 17	*Boxcar Librarian* by Brianna Labuskes
Mar 17	*Fly Girls* by Keith O'Brien
Apr 21	*Remarkably Bright Creatures* by Shelby Van Pelt

Cooking Classes

Join us in the kitchen as LaDonna from Let's Cook brings her mobile kitchens in to teach us how to prepare mouthwatering, easy dishes. Each participant will make their own meal from start to finish. LaDonna brings the ingredients, cleans up the mess and you do the cooking. Don't forget to bring large containers with you to the program so you can take home any leftovers. ***Registration deadline is one week prior to class date to allow for food purchasing.***
Instructor: LaDonna
Location: Senior Center Cardinal Room
Resident: $30 | Non-Resident: $37.50 each class
Monday(s), 3:30 - 5:00 p.m.

Jan 4: Vegan Shakshouka
In Arabic it means mixture, in Berber chakchouka means vegetable stew, in Turkish it's called menemen in Italian it's called "Eggs in purgatory". Whatever you call it, and however you jazz it up, shakshuka is basically a stew made from tomatoes, olive oil, garlic, chillies, paprika, a bit of salt, and of course, eggs which are poached in the stew itself. It's generally eaten as is, with some fresh bread, often for breakfast or supper. For this class we will be swapping out the eggs and replacing them with silken tofu.

Feb 1: Vegetable Jambalaya
This colorful jambalaya is a perfect example of getting the most flavor out of plant-based foods. This flavor packed, easy and versatile dish will have you using any fresh vegetables you have in your fridge to create a delicious dinner. In class we will use black eyed peas to add high protein and iron to the dish.

Mar 1: Vegan Enchilada Soup
If you have been buying enchilada sauce your whole life this class might be the class you need to learn to make it yourself. In this class we will make a vegan enchilada soup using corn, black beans and sweet potatoes that we will mix with a hom made enchilada sauce.

Apr 5: Githeri
In this Kenyan dish we will combine the flavors of garam masala, curry powder, fresh tomatoes and potatoes along with other tasty ingredients to create a worldly dish that will blow you away!

Konversation with Ken

Join City Manager Ken Filipiak for an informative update on what's happening in the City of Mentor.
Location: Senior Center Great Room
Resident | Non-Resident: FREE

date	*day*	*time*
Mar 24	Wednesday	12 - 1 p.m.

American Sign Language Club

Join the American Sign Language Club. Expand on what you already know. Learn sentence structure and more about Deaf culture. Challenge yourself and continue learning!
Volunteer Instructor: Sharon House
Location: Senior Center Cultural Arts Room
Resident | Non-Resident: FREE
Tuesday(s), 12 - 1 p.m.
dates: Jan 5 - Apr 27 ***(No class Feb 23)***

Coffee with the Cops - Hostage Negotiations Team

Did you know the Mentor Police Department has a Hostage Negotiations Team (HNT) that is trained to handle communications in crisis and hostage situations. While utilized to handle hostage situations, the HNT is also trained and called upon to communicate with suicidal, armed, and/or barricaded subjects. Lt Dennis Collins will share the staffing, training, and real life situations where the ultimate goal is the release of all hostages unharmed and the apprehension of the suspect, while maintaining the safety of the general public and officers involved.
Presenter: Lt Dennis Collins
Location: Senior Center Great Room
Resident | Non-Resident: FREE

date	*day*	*time*
Jan 27	Wednesday	10 – 11:30 a.m.

Cook Book Club

Are you interested in exploring new cookbooks and sharing your culinary creations with others? The Cookbook Club offers the perfect opportunity. Each month, participants will select a dish from a selected cookbook, prepare recipes, and bring their dishes to share in a potluck gathering. Members are responsible for obtaining the monthly title from their local library. To ensure availability, we recommend placing a hold at least one month in advance. Join us for engaging discussions, recipe exchanges, and of course, delicious food.
Reg deadline: Jan 8
Monday(s), 3:30 - 5 p.m.

Jan 25: Michael Symon's 5 in 5

Feb 22: No session this month

Mar 15: Jacques Pepin: Quick and Simple

Apr 19: The New Cooking School Cookbook: Fundamentals by: America's Test Kitchen

Downsizing Your Home: Where Do I Start?

Thinking about downsizing but not sure where to begin? This informative workshop will provide practical tips, proven strategies, and valuable local resources to simplify your move. Learn how to prepare your home for sale, maximize its value, reduce stress, avoid common mistakes, and confidently navigate the downsizing process, whether you plan to move now or are planning ahead. Presented by Terri Schubert and Lauren Young of McDowell Real Estate.

Location: Senior Center Cardinal Room
Resident | Non-Resident: FREE

date	*day*	*time*
Mar 10	Wednesday	10 a.m.

Lake County Council on Aging

The Council on Aging will be at the Senior Center to present information about the programs and services available to Lake County seniors.

Locations:
Senior Center Cardinal Room 12 - 12:30 p.m.
Senior Center Great Room 12:30 - 1 p.m.
Resident | Non-Resident: FREE
Monday(s)

dates	*topic*
Jan 4	Health Equipment Lending Program (HELP)
Feb 1	Aging and Disability Resource Center (ADRC)
Mar 1	LCCOA Resources
Apr 5	Vial of Life

Lake County Council on Aging Community Outreach Social Worker

The Lake County Council on Aging has a Community Outreach Social Worker who will be onsite to answer questions, provide information, and to make sure that your needs are being met. Assistance is available to help you with: In-home care, Home Safety, Health Insurance, Prescription Assistance, legal and financial issues, HEAP, food resources, housing, medicaid, food stamps, mental health, hygiene, health and wellness, etc. No appointment necessary.

Presented by: Lic. Social Worker Connie Brocone
Location: Senior Center Lobby
Resident | Non-Resident: FREE
Thursday(s), 11 a.m. - 12 p.m.
dates: Jan 21, Feb 11 (2nd Thur), Mar 18, Apr 15

MSC Online Account/ Program Registration

Don't get closed out of classes! Did you know the quickest way to register for classes is online? Avoid the lines and having to get up and out of the house before 8am. Register for this class and we can set you up with an online account and give you instructions on how to do it yourself. You will be surprised how quick and easy it is. Please bring a device with you, preferably a tablet, iPad, or laptop. *Registration starts November 2.*

Location: Senior Center Conference Room #1
Resident | Non-Resident: FREE

dates	*day*	*time*
Nov 30	Monday	10 – 11 a.m.
Dec 1	Tuesday	10 – 11 a.m.
Mar 30	Tuesday	10 – 11 a.m.

Outsmart the Scammers

Incidents of financial fraud are on the rise — and are becoming increasingly harder to detect. While no one is immune, there are steps you can take to outsmart the scammers. Join us for this presentation and learn about the following strategies: How to spot certain red flags that may indicate a fraudulent encounter, resources you can use if you become a victim of fraud and steps you can take now to help protect yourself and your loved ones. Presentation provided by Maxwell Grundy of Edward Jones and Estate Attorney Neil Harrison.

Location: Senior Center Cardinal Room
Resident | Non-Resident: FREE

date	*day*	*time*
Mar 16	Tuesday	10 a.m.

Your Story, Your Way

Join Brunner Sanden Deitrick Funeral Home & Cremation Center for an uplifting look at how preplanning lets you shape the details that matter most — and ensure your legacy reflects the life you've lived. The discussion will include learning more about meaningful decisions, trusted helpers, and how planning ahead can be one of the greatest gifts you give your family, easing the emotional and financial burden from your loved ones.

Location: Senior Center Cardinal Room
Resident | Non-Resident: FREE

date	*day*	*time*
Apr 7	Wednesday	10 a.m.

TRIP PROMOTIONAL MEETING
January 14th, 1 - 4 p.m.
see pg. 18 for more information

FITNESS/WELLNESS

Cycling Club

The cycling club begins its 15th season on April 7. New riders are welcome. Rides start on Wednesdays in April and continue through October. All rides are weather permitting and ride cancellations and any changes will be done via email. All rides start at 10 a.m. unless designated otherwise. Optional lunch afterwards. Bicycle helmets are required. Contact Arnie Zvejnieks at 440-525- 0293, for information or to be added to the mailing list.

Monday Hiking Club

Monday evening hikes usually begin at 6 p.m. and are scheduled from April through October. Hikes in October start at 5pm due to darkness. Hikes are at the various parks in Lake County. You can join the club and hike at any time. Please call the Senior Center to register or if you have any questions. Hiking locations will be emailed to everyone registered for the club.

Low Impact Aerobics

This energetic class is designed for able-bodied seniors, with a small amount of resistance bands and weights.
Instructor: Sharon
Resident: $20 | Non-Resident: $25

dates	*day*	*time*
Jan 4 - Feb 8**	Monday	9 – 9:45 a.m.
Jan 5 - Feb 16	Tuesday	9 – 9:45 a.m.
Jan 7 - Feb 18	Thursday	9 – 9:45 a.m.
Jan 8 - Feb 19**	Friday	9 – 9:45 a.m.
Mar 1 - Apr 19	Monday	9 – 9:45 a.m.
Mar 2 - Apr 20	Tuesday	9 – 9:45 a.m.
Mar 4 - Apr 22	Thursday	9 – 9:45 a.m.
Mar 5 - Apr 23	Friday	9 – 9:45 a.m.

(no class Jan 1, 18, Feb 15)*

Parkinson's Exercise

This fitness program is designed to empower people with Parkinson's disease by optimizing their physical function and helping delay the progression of symptoms. These classes focus on Parkinson's specific exercises to help fight the symptoms of the disease. No equipment or expertise is necessary; just participate at your own level of ability. Sponsored by the Amelia Foundation.
Instructor: Dana, Sharon, Pat
Resident | Non-Resident: FREE
Wednesday(s), 3 - 3:45 p.m.
dates: Jan 6 - Feb 17, Mar 3 - Apr 21

Line Dancing Basic Beginner

Learn the steps and terminology of the basics of line dancing along with different dance rhythms. We will use different genres of music to make this a fun-filled class. All you need is a comfy pair of shoes that have a slick bottom and cannot be kicked off while dancing. Please no "slip-on sandals/flip flops" or "high heels" for your safety.
Instructor: Tina
Resident: $20 | Non-Resident: $25
Wednesday(s), 5:45 - 6:45 p.m.
dates: Jan 6 - Feb 17, Mar 3 - Apr 21

Line Dancing Basic Beginner/Improver

This is for those ready to take line dancing to the next level. You should have completed at least 6 months of a Basic Beginner class, be an experienced dancer that wants to have a refresher course, or just like to keep it nice and easy. This class will move along a little faster as most steps were learned in the Basic Beginner class.
Instructor: Tina
Resident: $20 | Non-Resident: $25
Wednesday(s), 6:45 - 7:45 p.m.
dates: Jan 6 - Feb 17, Mar 3 - Apr 21

Mat Yoga

Enhance your flexibility, strength, and balance with a variety of yoga poses. Class will include seated and standing poses, finishing with relaxation. Please bring a mat and wear loose fitting clothes. For beginner and continuing students.
Instructor: Sue, Yoga Renew Certified
Resident: $20 | Non-Resident: $25
Monday(s), 3 - 3:45 p.m.
dates: Jan 4 - Feb 8**, Mar 1 - Apr 19
(no class Jan 18, Feb 15)*

SilverSneakers

**Silver Sneakers Members = SSMembers

SilverSneakers BOOM™ MIND

The best of yoga and Pilates combined in an intermediate to advanced mind-body mat workout. Whether you're looking to challenge yourself or move mindfully at your own pace, this class supports all levels of experience. We'll begin standing and transition down to the mat, finishing with calming stretches and deep relaxation to leave you feeling balanced and refreshed.
Instructor: Sue
Resident | Non-Resident: $20 | SSMembers: FREE
Wednesday(s), 4 - 4:45 p.m.
dates: Jan 6 - Feb 17, Mar 3 - Apr 21

SilverSneakers® EnerChi

Seated or standing tai chi movements in flowing sequence to progress strength, balance and focus.
Instructor: Denise
Resident | Non-Resident: $20 | SSMembers: FREE
Thursday(s), 4 - 4:45 p.m.
dates: Jan 7 - Feb 18, Mar 4 - Apr 22

SilverSneakers BOOM™ MUSCLE

This class incorporates athletic exercises that boost your overall fitness. Move through muscle-conditioning blocks and activity-specific drills to improve strength and functional skill. For intermediate to advanced students.
Instructor: Joy
Resident | Non-Resident: $20 | SSMembers: FREE

dates	*day*	*time*
Jan 4 - Feb 8**	Monday	8:10 - 8:50 a.m.
Jan 4 - Feb 8**	Monday	4:00 - 4:50 p.m.
Jan 6 - Feb 17	Wednesday	8:10 - 8:50 a.m.
Mar 1 - Apr 19	Monday	8:10 - 8:50 a.m.
Mar 1 - Apr 19	Monday	4:00 - 4:50 p.m.
Mar 3 - Apr 21	Wednesday	8:10 - 8:50 a.m.

(no class Jan 18, Feb 15)*

SilverSneakers® Stability

Standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.
Instructor: Sharon - Mon/Fri | Joy - Tues
Resident | Non-Resident: $20 | SSMembers: FREE

dates	*day*	*time*
Jan 4 - Feb 8**	Monday	11 - 11:45 a.m.
Jan 5 - Feb 16	Tuesday	12 - 12:45 p.m.
Jan 8 - Feb 19**	Friday	12 - 12:45 p.m.
Mar 1 - Apr 19	Monday	11 - 11:45 a.m.
Mar 2 - Apr 20	Tuesday	12 - 12:45 p.m.
Mar 5 - Apr 23	Friday	12 - 12:45 p.m.

(no class Jan 1, 18, Feb 15)*

SilverSneakers® YOGA

Seated and standing yoga poses to increase flexibility, balance, and range of motion.
Instructor: Denise - Mon/Thurs | Pat - Wed | Sharon - Fri
Resident | Non-Resident: $20 | SSMembers: FREE

dates	*day*	*time*
Jan 4 - Feb 8**	Monday	12 - 12:45 p.m.
Jan 6 - Feb 17	Wednesday	9 - 9:45 a.m.
Jan 7 - Feb 18	Thursday	3 - 3:45 p.m.
Jan 8 - Feb 19**	Friday	11 - 11:45 a.m.
Mar 1 - Apr 19	Monday	12 - 12:45 p.m.
Mar 3 - Apr 21	Wednesday	9 - 9:45 a.m.
Mar 4 - Apr 22	Thursday	3 - 3:45 p.m.
Mar 5 - Apr 23	Friday	11 - 11:45 a.m.

(no class Jan 1, 18, Feb 15)*

SilverSneakers® Classic

Increase muscle strength & range of motion & improve activities for daily living. You'll have a chair for seated exercises & standing support. Your instructor will modify the exercises for your fitness level.
Instructor: Sharon - Mon/Fri | Joy - Tues/Thurs am Sue - Tues/Thurs pm | Pat - Wed
Resident | Non-Resident: $20 | SSMembers: FREE

dates	*day*	*time*
Jan 4 - Feb 8**	Monday	10 - 10:45 a.m.
Jan 5 - Feb 16	Tuesday	8:10 - 8:50 a.m.
Jan 5 - Feb 16	Tuesday	1 - 1:45 p.m.
Jan 6 - Feb 17	Wednesday	10 - 10:45 a.m.
Jan 7 - Feb 18	Thursday	8:10 - 8:50 a.m.
Jan 7 - Feb 18	Thursday	1 - 1:45 p.m.
Jan 8 - Feb 19**	Friday	10 - 10:45 a.m.
Mar 1 - Apr 19	Monday	10 - 10:45 a.m.
Mar 2 - Apr 20	Tuesday	8:10 - 8:50 a.m.
Mar 2 - Apr 20	Tuesday	1 - 1:45 p.m.
Mar 3 - Apr 21	Wednesday	10 - 10:45 a.m.
Mar 4 - Apr 22	Thursday	8:10 - 8:50 a.m.
Mar 4 - Apr 22	Thursday	1 - 1:45 p.m.
Mar 5 - Apr 23	Friday	10 - 10:45 a.m.

(no class Jan 1, 18, Feb 15)*

SilverSneakers® Circuit

Standing upper-body strength work alternated with low impact cardio using a chair for standing support.
Instructor: Sue - Tues/Thurs | Pat - Wed
Resident | Non-Resident: $20 | SSMembers: FREE

dates	*day*	*time*
Jan 5 - Feb 16	Tuesday	2 - 2:45 p.m.
Jan 6 - Feb 17	Wednesday	11 - 11:45 a.m.
Jan 7 - Feb 18	Thursday	2 - 2:45 p.m.
Mar 2 - Apr 20	Tuesday	2 - 2:45 p.m.
Mar 3 - Apr 21	Wednesday	11 - 11:45 a.m.
Mar 4 - Apr 22	Thursday	2 - 2:45 p.m.

Stretch and Balance

Seated and standing exercises focus on isolating to improve balance, flexibility, and to increase mobility. This class is also available virtually through Zoom.
Instructor: Sharon, Res: $20 | Non-Res: $25
Tuesday(s), 11 - 11:45 a.m.
dates: Jan 5 - Feb 16, Mar 2 - Apr 20
Thursday(s), 11 - 11:45 a.m.
dates: Jan 7 - Feb 18, Mar 4 - Apr 22

Weight Training

This strength class is designed to build muscle, strength, and bone density. Resistance bands and weights will be used while standing and seated.
Instructor: Sharon, Res: $20 | Non-Res: $25
Tuesday(s), 10 - 10:45 a.m.
dates: Jan 5 - Feb 16, Mar 2 - Apr 20
Thursday(s), 10 - 10:45 a.m.
dates: Jan 7 - Feb 18, Mar 4 - Apr 22

EXERCISE CLASSES at MENTOR COMMUNITY RECREATION CENTER

Location: MCRC 6000 Heisley Rd., Mentor
Mentor Senior Center Member rates listed below.

Water Exercise Classes

A variety of water fitness classes are offered at MCRC. Classes will be offered in one month sessions. Senior Center members will have special access and pricing for designated classes. Check out available water classes at *https://cityofmentor.com/departments/parks-recreation/registration/.*

Participants can arrive at the facility 20 minutes before class begins and must leave the facility 20 minutes after class ends.

Aqua HIIT Water Exercise at MCRC

A full body interval class – focused on strength with a burst of cardio.

dates	*day*	*time*	*rate*
Jan 5-26	Tues	9 - 9:50 a.m.	$24
Jan 7-28	Thur	9 - 9:50 a.m.	$24
Feb 2-23	Tues	9 - 9:50 a.m.	$24
Feb 4-25	Thur	9 - 9:50 a.m.	$24
Mar 2-30	Tues	9 - 9:50 a.m.	$30
Mar 4-25	Thur	9 - 9:50 a.m.	$24
Apr 6-27	Tues	9 - 9:50 a.m.	$24
Apr 1-29	Thur	9 - 9:50 a.m.	$30

Shallow/Deep Water Exercise Class at MCRC

A combination of shallow and deep water exercises to tone your body while getting your heart pumping. Jump in and make a splash, you won't want to miss this dynamic cardiovascular workout that tones the full body.

dates	*day*	*time*	*rate*
Jan 4-25	Mon	9 - 9:50 a.m.	$24
Jan 4-25	Mon	10 - 10:50 a.m.	$24
Jan 6-27	Wed	10 - 10:50 a.m.	$24
Feb 1-22	Mon	9 - 9:50 a.m.	$24
Feb 1-22	Mon	10 - 10:50 a.m.	$24
Feb 3-24	Wed	10 - 10:50 a.m.	$24
Mar 1-29	Mon	9 - 9:50 a.m.	$30
Mar 1-29	Mon	10 - 10:50 a.m.	$30
Mar 3-31	Wed	10 - 10:50 a.m.	$30
Apr 5-26	Mon	9 - 9:50 a.m.	$24
Apr 5-26	Mon	10 - 10:50 a.m.	$24
Apr 7-28	Wed	10 - 10:50 a.m.	$24

Cardio Splash Water Exercise at MCRC

A splash of Fun! This class is a combination of Cardio exercises, toning with weights and water resistance, some Pilates moves and stretching. A low-impact workout that people of all fitness levels can do. This class combines an aerobic workout with strength and endurance that improves coordination and stamina.

Intensity: Medium

dates	*day*	*time*	*rate*
Jan 8-29**	Fri	10 - 10:50 a.m.	$24
Feb 5-26	Fri	10 - 10:50 a.m.	$24
Mar 5-26	Fri	10 - 10:50 a.m.	$24
Apr 2-30	Fri	10 - 10:50 a.m.	$30

(no class Jan 1)

Senior Water Exercise WWO at MCRC

A combination of toning, stretching and light cardio geared toward seniors. Experience improved range of motion, pain relief and stress relief with socializing with friends in this fun water exercise class.

dates	*day*	*time*	*rate*
Jan 5-26	Tues	2 - 2:50 p.m.	$24
Jan 7-28	Thur	2 - 2:50 p.m.	$24
Feb 2-23	Tues	2 - 2:50 p.m.	$24
Feb 4-25	Thur	2 - 2:50 p.m.	$24
Mar 2-30	Tues	2 - 2:50 p.m.	$30
Mar 4-25	Thur	2 - 2:50 p.m.	$24
Apr 6-27	Tues	2 - 2:50 p.m.	$24
Apr 1-29	Thur	2 - 2:50 p.m.	$30

Stretch and Tone Water Exercise at MCRC

Light toning and gentle stretching exercises in shallow warm water. This class is perfect for all ages to help with relaxation, stress relief, pain relief, and improved range of motion.

Intensity: Low

dates	*day*	*time*	*rate*
Jan 5-26	Tues	10 - 10:50 a.m.	$24
Jan 7-28	Thur	10 - 10:50 a.m.	$24
Feb 2-23	Tues	10 - 10:50 a.m.	$24
Feb 4-25	Thur	10 - 10:50 a.m.	$24
Mar 2-30	Tues	10 - 10:50 a.m.	$30
Mar 4-25	Thur	10 - 10:50 a.m.	$24
Apr 6-27	Tues	10 - 10:50 a.m.	$24
Apr 1-29	Thur	10 - 10:50 a.m.	$30

PICKLEBALL

Beginner Pickleball - Seniors

Come learn the fastest growing sport in America! This class is for the novice player (USA Pickleball rating of 1.0 – 2.5) and covers the basics of pickleball including rules, terminology, fundamentals and introduces match play. Players are encouraged to bring a paddle and water bottle to each class.
Instructor: MCRC Staff
Member: $52 | Non-Member: $62
Tuesday(s), 11:30 a.m. - 12:30 p.m.
dates: Jan 5 - 26, Feb 2 - 23, Mar 9 - 30, Apr 6 - 27
Thursday(s), 9 - 10 a.m.
dates: Jan 7 - 28, Feb 4 - 25, Mar 4 - 25, Apr 8 - 29

Intermediate Pickleball - Seniors

This intermediate class (USA Pickleball rating of 3.0 – 3.5) covers the fundamentals of pickleball including serving, rallying, keeping score, dinking, and match play. Players are encouraged to bring a paddle and water bottle to each class.
Instructor: MCRC Staff
Member: $52 | Non-Member: $62
Tuesday(s), 12:30 - 1:30 p.m.
dates: Jan 5 - 26, Feb 2 - 23, Mar 9 - 30, Apr 6 - 27
Thursday(s), 10 - 11 a.m.
dates: Jan 7 - 28, Feb 4 - 25, Mar 4 - 25, Apr 8 - 29

Senior Center Fitness Center

A variety of cardio equipment is available including treadmills, seated ellipticals and standing ellipticals, NuStep and a bike. Light free weights, 4 weight stationary stations (abdominal, leg press, leg extension/curl, chest press) and a cable pulley station are available for strength training. Members are asked to disinfect each piece of equipment after use. Please bring clean, dry shoes to prevent equipment damage. ***Fitness Orientation is required prior to using fitness center.***

Fitness Orientation - Cardio Training

Get comfortable with the treadmill, elliptical, and stationary bike. This class covers machine operation, adjusting settings, using heart rate functions, and maintaining proper form. Class size is limited to 4 participants. Please call to schedule your appointment.
Location: Senior Center Fitness Center
Resident | Non-Resident: $15 | SSMembers: Free

day	*time*
Monday	6:30 - 7:20 p.m.
Tuesday	9 - 9:50 a.m.
Tuesday	12 - 12:50 p.m.

Fitness Orientation - Strength Training

Learn how to operate fundamental strength training machines while using correct form and proper breathing techniques. Participants will receive assistance in determining their specific equipment adjustments and weight settings and learn how to modify strength training exercises based on individual needs. Maximum of 4 people per class. Call to schedule appointment.
Location: Senior Center Fitness Center
Resident | Non-Resident: $15 | SSMembers: Free

day	*time*
Monday	6:30 - 7:20 p.m.
Tuesday	12 - 12:50 p.m.

Personal Training

Don't wait to start feeling great! Schedule an appointment now to get back on the road to health and fitness! You will find that regular exercise will help you feel less stiff, stronger, and more energetic throughout the day. Every step of the way you'll be guided by a passionate personal trainer committed to your safety and wellness.
Tuesday, Thursday, and Friday afternoons
Location: Senior Center Fitness Center
Resident | Non-Resident: $45 for 60 minute session; $25 for a 30 minute session
Pick up a flier at the Senior Center for scheduling information.

GAMES/CLUBS

International Culture Club

Our informal social club talks about different cultures and current events. Don't worry, everything is in English! We have a picnic in September, plan a trip annually, and have a splendid holiday party in December. New members are always welcome and we always serve coffee and desserts. For more details contact Lee at 440-920-6665 or Fran at 440-382-2981.
Meets on the 1st Monday of each month at 10 a.m. unless noted below.
Location: Senior Center Cardinal Room
Resident | Non-Resident: FREE
Monday(s), 10 - 11:30 a.m.
dates: Jan 4 *(off)*, Feb 1, Mar 1, Apr 5

Membership renewal begins January 4th – plan on coming in 30 minutes before your first scheduled activity to renew

GAMES/CLUBS

**MUST be a member of Mentor Senior Center to participate in all games & clubs*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11:00 Ukulele Club 12:00 Hand, Knee & Foot 12:30 Mahjong 1:00 Bingo 1:00 Chair Volleyball 1:00 Scrabble	12:00 Hand, Knee & Foot 12:00 Pinochle* 12:30 Duplicate Bridge* 1:00 Chess	10:00 Hand, Knee & Foot 12:00 Hand, Knee & Foot 1:00 Bingo *(1st Wed of the month only)* 1:00 Chair Volleyball 1:00 Euchre 1:00 Rummikub 6:00 Cornhole	1:00 Cribbage 2:00 Canasta	10:00 Samba Card Game 12:30 Duplicate Bridge* 1:00 Chair Volleyball 2:45 Ping Pong*

ONGOING **Experience required.*

Billards Room
Puzzle Table
(open play with Senior Center membership)

Retired Older Men Eating Out (ROMEO)

Join this new group to make friends, socialize, and enjoy local restaurants. We will meet at local restaurants the 2nd Tuesday of every month at 1 p.m. You order off the menu and pay for your own meal. Registration for each monthly lunch is required so we can make a reservation. *Registration deadline is a week prior to lunch.*
Resident | Non-Resident: FREE
Tuesday(s), 1 - 2:30 p.m.

dates	*location*
Jan 12	Rounders Lounge
Feb 9	JT's Diner ****(12 - 1:30 p.m.)****
Mar 9	Brennan's Fish House
Apr 13	Mason Social

Just Us Ladies Into Eating Together (JULIET)

Move over, ROMEO—the ladies are here! The gentlemen have enjoyed their ROMEO lunches for years, and now it's our turn! Introducing JULIET – Just Us Ladies Into Eating Together, a fun opportunity for ladies to enjoy great food, wonderful conversation, plenty of laughter, and lasting friendships. There's no agenda and no gifting—just getting together to share a meal and good company. Each month we'll gather at a different local restaurant, with each lady paying for her own meal. Advance registration is required so we can reserve enough seats for everyone. So grab your appetite and join us, because JULIET has arrived! *Registration deadline is a week prior to lunch.*
Resident | Non-Resident: FREE
Tuesday(s), 1 - 2:30 p.m.

dates	*location*
Jan 19	Mario Fazio
Feb 16	Mean Mugs
Mar 16	Olive Garden
Apr 20	Imperial Dragon

HEALTH SERVICES

Attorney

Meet privately with an attorney to get help with estate planning, wills, trusts and real estate. Register for a free 10 minute appointment.
Location: Senior Center Conference Room #2
Resident | Non-Resident: FREE
Wednesday(s), 1 - 2:00 p.m.
dates: Jan 13, Feb 10, Mar 17, Apr 14

Produce Distribution

In conjunction with the Cleveland Food Bank, we offer produce distribution for limited income seniors the third Monday of the month from 10 – 11 am (if ready, will start at 9:30am). All participants will be registered on site. Participants must certify annual gross household income is at or below $31,920 for a household of 1 and $43,280 for a household of 2. Income is self-declared; verification is not required. First come, first served. Please bring a heavy-duty bag or two for produce. No advance registration; bring photo ID for onsite registration.
Location: Senior Center Great Room
Resident | Non-Resident: FREE
Monday(s), 10 - 11:00 a.m. *(if ready, will begin at 9:30 a.m.)*
dates: Jan 25, Mar 15, Apr 19
Tuesday(s), 10 - 11:00 a.m. *(if ready, will begin at 9:30 a.m.)*
dates: Feb 16

Visionaries Support Group

If you are living with vision impairment, we invite you to join our free support group meetings. Connect with others, share experiences, and find encouragement in a supportive community.
Facilitator: Licensed Optician Debbie Kogler
Location: Senior Center Cultural Arts Room
Resident | Non-Resident: FREE
Wednesday(s), 2 - 4 p.m., *dates:* Mar 24, Apr 28

Income Tax Assistance with AARP Foundation Volunteers

Registration will start January 11, 2027
This program provides free tax preparation assistance for individuals age 50 and older, as well as middle- and low-income taxpayers. Trained AARP volunteers can help complete and electronically submit state and federal income tax returns. Please note: Assistance is not available for city tax returns. Volunteers are not employees of the City of Mentor.
Before your appointment:
Pick up and complete an AARP Tax Pre-packet, available at the front desk starting in mid-January.

Please bring:
- Copy of last year's federal and Ohio returns
- W-2 forms and any applicable 1099s (SSA-1099, 1099-INT, 1099-DIV, 1099-R, 1099-NEC, 1099-MISC, 1099-B, W-2G, etc.)
- 1095 form (if you received one) showing proof or cost of medical coverage
- Completed Pre-packet intake/interview & quality review document (Form 13614-C)
- Completed Pre-packet worksheet to report any itemized deductions (medical, charities, taxes paid, mortgages)
- Completed Pre-packet worksheet for self-employment if you have your own business.
- Social Security cards for everyone included on return
- Government-issued photo ID for taxpayer and spouse
- Spouse present if filing jointly

Location: Senior Center Cardinal Room
(register in advance)
Thursday(s), 9 a.m. - 1 p.m., *dates:* Feb 4 - Apr 8
(Building closed Feb 25)

ATTENTION: AARP Tax-Aide urgently needs new volunteers to help prepare taxes for low and middle income families. If you are interested in becoming a volunteer go to http://www.aarfoundation.org/taxaidevolunteer to register.

Special Elders SilverSneakers® Classic

Seated and standing exercises to increase muscular strength, range of motion and activities of daily living. This is designed for Special Elders participants and select individuals who may benefit. Wheelchairs welcomed.
Instructor: Pat Talladino
Location: Senior Center Fitness Studio
Res | Non-Res: $20 | SS Members: FREE
Wednesday(s), 10 - 10:45 p.m.
dates: Jan 6 - Feb 17, Mar 3 - Apr 21

Hearing Screenings

Hearing screenings include an earwax check in both ears, a 10-15 minute baseline hearing test, and recommendations for future hearing healthcare based upon your results. ***Please call for an appointment.***
Location: Senior Center Conference Room #2
Resident | Non-Resident: FREE
Wednesday, 10 a.m. - 12 p.m.
dates: Feb 3, Apr 7 (Amanda's Family Hearing)



Special Elders

The Special Elders Program offers light support to help seniors fully enjoy their time at the center. Our compassionate staff provide assistance with socializing, carrying lunch trays for those with physical limitations, registering for programs, and finding activity locations—especially helpful for those with memory challenges. An enrollment appointment with Special Elders staff is required prior to participation in the program. Please note that this service is not intended for individuals who require moderate to significant assistance, unless accompanied by a caregiver. To make participation even easier, Laketran is available to provide transportation to and from the Mentor Senior Center. Caregivers check out our New Caregiver Support session.
Location: Senior Center
Resident | Non-Resident: $20 annual fee ***(Jan-Dec)***
Monday(s), Wednesday(s), 10:30 a.m. - 2 p.m.
(Building closed Feb 22 & 24)

Schedule of Activities

Monday	
10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 12:45 a.m.	Lunch/Socialization
1:00 - 2:00 p.m.	BINGO $.25 per card
Wednesday	
10:30 - 10:50 a.m.	Submit lunch orders
11:00 - 11:45 a.m.	Lunch/Socialization
12:00 - 12:45 p.m.	Special Elders Silver Sneakers Classic (optional, registration fee)
1:00 - 2:00 p.m.	Crafts, games or parties

MEALS

Daily Made From Scratch Lunch

(Cash Only) Mon – Fri 11:30 a.m. – 12:15 p.m.

Stop by for the best deal in town! Mentor Senior Center's talented kitchen staff and volunteers prepare delicious, freshly made entrees, sandwiches, soup, and desserts at reasonable prices, for dine in or carry out. A daily Cook's Special features a meat or other high protein dish, and a vegetable at a cost of $6.00. Daily homemade soup and sandwiches are also available. Homemade cookies finish off the meal. Drinks include coffee, tea, milk, lemonade, and soda. The monthly menu is available at the Senior Center front desk, in the monthly newsletter and online at *www.mentorseniorcenter.com*.

No reservation or pre-ordering. Members simply place your order in person and pay the cashier (cash only), pick up your meal at the kitchen window and enjoy. Please bus your table promptly when finished eating.

SPECIAL LUNCHEONS

Pre registration required



March 11 - St. Patrick's Day

Grab your favorite green shirt and join us for a festive St. Patrick's Day Lunch! We'll be serving up a hearty helping of traditional Shepherd's Pie paired with warm, delicious Irish Bread Pudding for dessert. It's the perfect way to celebrate the Emerald Isle with good food, great friends, and plenty of laughter. You never know—you might even find a little luck at your table! Don't miss this shamrock-filled afternoon of fun and fabulous flavors! May the luck of the Irish bring a full plate, good company, and lots of smiles! The Amazing one-man band Tom Todd will provide Irish themed entertainment!
Registration deadline is March 1
Location: Senior Center Great Room
Resident | Non-Resident: $11

CELEBRATION LUNCHEONS

Be sure to register early at the front desk or by calling 440-974-5725. Our luncheons are very popular and tend to sell out quickly—tickets won't be available at the door!
Location: Senior Center Great Room
Resident | Non-Resident: $11
(unless otherwise noted)
Last Thursday of the month, 11:30 a.m. - 1 p.m.

Jan 28 Celebration: Warm up with a delicious comfort-food favorite and beat the winter blahs! Join us for a hearty, home-cooked meal that's sure to hit the spot. This month's menu includes City Chicken, mashed potatoes and green beans. Dessert: chocolate mouse. Performance by Women in History – portrayal of Agatha Christie, the world's most famous mystery writer!
Reservation deadline is Jan 14.

Feb 18 Celebration: Celebrate the season with a lunch that's worthy of an encore! Join us in February for a delicious meal featuring savory Chicken Cordon Bleu, creamy mashed potatoes, and crisp green beans. Dessert: strawberry pretzel salad. Whether you're celebrating a birthday, friendship, or simply making it through another Ohio winter, this is the perfect excuse to gather around the table, share some laughs, and enjoy great food with even better company. Come hungry and leave smiling—we can't wait to celebrate with you! Dennis Ford will entertain us with his amazing voice. Dennis loves performing here and it shows! *Reservation deadline is Feb 8.*

Mar 25 Celebration: March is the perfect time to gather with friends, enjoy great conversation, and celebrate all the little joys that make life special! Join us for our March Celebration Lunch, featuring a delicious ham steak, creamy cheese potatoes, colorful California veggie mix, and a sweet cupcake to top it all off. This cheerful luncheon is the perfect way to welcome the Spring season. Good food, great friends, and sweet memories are all on the menu! The "King of Rock and Roll" returns! Elvis is still one of the most requested performers at the center! *Reservation deadline is Mar 11.*

Apr 29 Celebration: April brings blooming flowers, brighter days, and another wonderful reason to gather with friends! Join us for our Monthly Celebration Luncheon and enjoy a delicious meal featuring Chicken Piccata served over tender egg noodles, peas & carrots, and a colorful slice of rainbow cake for dessert. It's the perfect way to enjoy an afternoon filled with laughter, friendship, and fantastic food. Debbie Darling returns to do a presentation which is half music and half informative on the Great American Songbook and the four most prolific writers of the songbook. *Reservation deadline is Apr 15.*

MUSIC & THEATER

Mentor Follies Dancers

Join us for exercise, dance and fun. Always accepting new members.
Director: Rena Ellwanger
Location: Senior Center Stage
Resident | Non-Resident: FREE
Wednesday(s), 6:45 - 7:45 p.m.
dates: Off the Month of January

Piano Lessons

We offer private 30-minute beginner and continuing piano lessons. The lesson plans include a balance of theory, sight reading and repertoire appropriate to the student's level and musical ability.
Instructor: Marge Syroney
Location: Senior Center Stage
Resident: $100 | Non-Resident: $115
Tuesday(s), 9 a.m. - 12:30 p.m.
dates: Mar 2 - Apr 20

SPECIAL EVENTS



Garage Sale

Don't miss our HUGE annual garage sale – a fantastic opportunity to discover hidden treasures and one-of-a-kind finds! Interested in selling? Vendor spaces are available for just $30. Registration begins December 1 for resident senior center members, and opens on December 2 for nonresident members. If space allows, non-members may begin registering on January 4. To reserve your table, please call the Mentor Senior Center at 440-974-5725.

date	*day*	*time*
Apr 24	Saturday	9 a.m. - 3 p.m.

Guardians Opening Day Party

Can't get to the ballpark on Opening Day? Come to our 14th annual Opening Day Party and watch the Guardians take on the New York Yankees. During the game, enjoy complimentary ballpark snacks including ice cream, popcorn, peanuts, Cracker Jacks, and more. Snacks provided by local senior services agencies. Game time and concessions TBA. *Preregistration is required.*
Location: Senior Center Great Room
Resident | Non-Resident:
Donate Items for United Way Food Drive

date	*day*	*time*
Apr 1	Thursday	TBA

Northeast Ohio Mind Challenge

The Mind Challenge is back for its 9th year. The mind-stimulating event grows each year. We will be forming teams in April. Individuals and teams are welcome. Please spread the word, recruit family and friends and get ready for some exciting mind challenging trivia! Please register in advance.
Location: Willoughby Hills Senior Center
Resident | Non-Resident: FREE

dates	*day*	*time*	
Apr 21	Wed	9:30 - 11:30 a.m.	
	Team Formation and Practice Round		
Apr 28	Wed	1:00 - 3:00 p.m.	*Round One*
May 5	Wed	1:00 - 3:00 p.m.	*Round Two*
May 12	Wed	1:00 - 3:00 p.m.	*Round Three*
May 19	Wed	1:00 - 3:00 p.m.	*Round Four*
May 26	Wed	9:30 - 11:30 a.m.	*Elevated 10*
	at the Willowick Senior Center		
Jun 3	Thu	9:30 a.m. & 1 p.m.	
	Semifinals and Finals/Cleveland Heights		

Newcomers

Come meet fellow new members and discover the exciting programs our senior center has to offer! Join Director Renee Ochaya and Recreation Coordinators Dave Duricky and Colleen Higgins as they guide you through our wide range of activities and help you get involved.
Location: Senior Center Great Room
Resident | Non-Resident: FREE
Thursday(s), 3 - 4 p.m.
dates: Feb 4, Apr 8

TRIP PROMOTIONAL MEETING
January 14th, 1 - 4 p.m.
see pg. 18 for more information

TECHNOLOGY

Laptop Help

Volunteer Nick Ajdinovich is available to help you with your laptop questions. Whether you have a Mac or Microsoft computer, you will get valuable one-on-one help. Schedule your free 30-minute session today. Check in at the front desk.
Location: Senior Center Great Room
Resident | Non-Resident: FREE
Monday(s), 9 - 11:00 a.m.
dates: Apr 5 and 12

iPad/iPhone Help (and Android)

Do you have an iPhone or iPad and have questions on how to use it? Sign up for free one-on-one help to get those questions answered. Please write down all your questions and bring them with you. If you have a question about an error message, please take a screenshot or write down the error exactly as well as what app you are in. If you have an Android device, we can help with that too, it just might take a little longer. Appointment are 30 minutes.
Location: Senior Center Great Room
Resident | Non-Resident: FREE
Wednesday(s), 12 - 2 p.m.
dates: Jan 6 and 13, Feb 17,
Mar 3, 17 and 31, Apr 14 and 21

Tech Help w/High School Students

Got questions about your tablet, iPad, or smartphone? Tech-savvy students from Mentor High School are ready to help you learn new skills, solve problems, and get more from your devices. Bring your questions and your curiosity for this fun, hands-on tech session! *Registration closes 7 days before the program date.*
Location: Senior Center Great Room
Resident | Non-Resident: FREE

dates	*day*	*time*
Jan 13	Wednesday	12 - 1 p.m.
Feb 4	Thursday	8:30 - 9:30 a.m.
Mar 3	Wednesday	12 - 1 p.m.
Apr 1	Thursday	8:30 - 9:30 a.m.
Apr 29	Thursday	12 - 1 p.m.

Senior Center building will be closed for maintenance Feb 22- 26

TRIPS

Trip Promotional Meeting

Start the new year with excitement at our Annual Trip Promotional Meeting, your opportunity to preview the overnight and charter day trips planned for 2027!

Professional tour companies will give presentations featuring full itineraries, pricing, and trip highlights. Whether you're interested in an overnight getaway or a full-day adventure, this is your chance to plan your year of travel.

Date/Time: Thursday, January 14 at 1:00 p.m.
Location: Senior Center

How to Attend

You must pre-register to attend
Only current members may attend the meeting and register for trips. Since memberships expire on December 31, be sure to renew before attending the meeting.

When you register in December, you will be assigned a place in line and you will receive a registration number at the trip promotional meeting.

Registration to attend opens:
- December 7 for Mentor resident members
- December8 for non-resident members

Trips at a Glance

Charter Bus Overnight Trips
Multi-day getaways with charter tour companies. Everything is planned – just pack and go. *Registrations begins at the Promotional Meeting and continues until registration deadline.*

Charter Bus Day Trips
Full-day adventures with multiple stops, arranged by professional tour companies. *Registration begins at the Promotional Meeting and continues until registration deadline.*

Small Bus and Laketran Trips
Relaxed, local outings with one or two stops to attractions such as museums, theaters, and sporting events. *New trips added quarterly – Registration open Dec 7 & 8.*

Out-to-Lunch Bunch
Monthly lunch outings to a variety of restaurants, offering great food and social time with friends. *Released quarterly – Registration open Dec 7 & 8.*

Registration Guidelines

- Overnight Trips: At the time of registration, you may either pay in full or pay a $100 non-refundable deposit to reserve your spot. If paying the deposit, the remaining balance must be paid by the specified registration/refund deadline.
- All Other Trips: Payment in full is required at the time of registration
- You may also register your spouse or one friend.
- If registering a friend: payment must be cash or check (made payable to the City of Mentor).
- Friends must go on the same trip and all participants must be Center members.

Trip Activity Levels

Please review the activity level before registering to make sure the trip is a good fit for you.

- ***Mild:*** Leisurely walking, minimal steps/uneven surfaces, some standing.
- ***Moderate:*** Moderate walking, extended standing, some steps/uneven surfaces.
- ***Strenuous:*** Extended walking/standing, many steps or uneven terrain, multiple bus stops.

Refund Policy

We ask that you choose your trips carefully. Cancellations made before the registration/refund deadline are subject to the following:

- ***Day Trips:*** A $25 administrative fee will be deducted from your refund.
- ***Overnight Trips:*** The $100 deposit is non-refundable. If you paid for the trip in full, $100 of your payment is considered the non-refundable deposit.

After the registration/refund deadline, refunds may be considered for medical reasons only and require a doctor's note. Providing a doctor's note does not guarantee that a refund will be available. Participants assume responsibility for cancellations resulting from changes in health or personal circumstances.

Travel Insurance

Travel insurance is available and recommended for all overnight trips. Participants assume responsibility for changes in health or personal circumstances.

2027 Charter Trips with Great Day Tours!

Day Trips - *Registration Starts Jan 14*

Down on the Farm *(Belgian Horse Farm)*	Jun 2
Lockport Locks & Erie Canal Cruise	Jul 22
Treasure Bag Tour	Sep 23
Fairytale Escape *(at Landoll's Mohican Castle)*	Oct 25
Dickens Victorian Village	Nov 16
Rockin Around the Christmas Tree *(Sandusky County)*	Dec 2

Overnight Trips - *Registration Starts Jan 14*

Travel insurance recommended for overnight trips.

Fallingwater & Flight 93	Jun 14-15
Canadian Rail Tour	Aug 22-28
West Virginia Rails	Sept 11-12
Colorful Smoky Mountains	Oct 18-21
Biltmore & the Smokies	Dec 4-8

Overnight Trips

***per person = pp**

Cincinnati Dinner Train - *Registration starts Dec 6/7*

This 2-day, 1-night getaway captures the nostalgic charm of Cincinnati with great food, live entertainment, and unique attractions. Enjoy a three-hour dinner train ride ***(train is not handicap accessible and cannot accomodate walkers)*** aboard beautifully restored 1940s-style dining cars, featuring a gourmet four-course dinner, white linen-covered tables, and a lively performance by the Queen City Sisters, singing classic favorites from the 1940s and beyond. The following day, cruise the beautiful Ohio River aboard a Dixieland Jazz Brunch Cruise, complete with a delicious Sunday brunch and live music. We'll also visit Cincinnati's magnificent Union Terminal, a beautifully restored Art Deco landmark that opened in 1933 as one of the nation's grandest railroad terminals. With three delicious meals included, this getaway offers a wonderful blend of dining, entertainment, and railroad history. Non-refundable deposit: $100 due at registration. *Final payment and refund deadline: Feb 17.*

Activity Level: Mild

Res | Non-Res: $552(pp) double; $646 (pp) single, $546 (pp) triple

dates	*days*	*time*
Apr 17-18	Sat - Sun	6:30 a.m. - 9:00 p.m.

MSC Laketran Trips

Registration begins Dec 7 & 8



"Maybe Happy Ending" (Laketran)
Enjoy a pre-show meal at Mario Fazio's. After dinner, attend "Maybe Happy Ending" at Playhouse Square. As the story goes, Oliver & Claire have never met. They're both living solitary days on repeat – until a chance encounter sparks an unexpected adventure that shows them what it means to be human. *Registration/refund date is Jan 25.*
Activity Level: Mild
Resident | Non-Resident: $143

date	*day*	*time*
Mar 16	Tuesday	3:45 - 10:45 p.m.
(includes time for dinner)		

Grand River Cellars Lunch & Bingo (Laketran)
Common interests - grapes & wine - motivated the purchase of Grand River Cellars in 2005. The wines boast a remarkable list of international awards and the business itself has been chosen as Business of the Year and Best of the East. Enjoy a 4 sample wine tasting with cheese & crackers followed by lunch that features your choice of sandwich and comes with chips, coleslaw, dessert and non-alcoholic beverage followed by 1 hour of Bingo. Bingo prizes come straight from the gift shop! *Registration/refund date is Feb 4.*
Activity Level: Mild
Resident | Non-Resident: $48

date	*day*	*time*
Mar 24	Wednesday	11:30 a.m. - 3:45 p.m.

Les Misérables (Laketran)
The internationally acclaimed musical masterpiece, Les Mis, has won eight Tony Awards, including Best Musical, and moved audiences around the world. Set in 19th-century France, the epic story follows Jean Valjean, a former prisoner seeking redemption, while relentlessly pursued by Inspector Javert as lives intertwine amid revolution, sacrifice and love. After the show, enjoy lunch at Pier W (included). *Registration/refund date is Jan 22.*
Activity Level: Mild
Resident | Non-Resident: $92

date	*day*	*time*
Mar 31	Wednesday	8:45 a.m. - 4:15 p.m.

Presque Isle Casino (Laketran)
Enjoy a day out at Presque Isle Casino in Erie PA. New members will receive a current bonus of $10 free play for signing up and $10 free play if you register your email. Currently Monday is Senior Day so you can earn even more points! Lunch is available in several areas of the casino (on your own). *Registration/refund date is Mar 17.*
Activity Level: Mild
Resident | Non-Resident: $23

date	*day*	*time*
Apr 5	Monday	8:30 a.m. - 3:45 p.m.

Rick Steves' Europe: A Symphonic Journey (Laketran)
Enjoy a guided tour across Europe with Rick Steves, America's leading authority on European travel. Featured on the big screen, he shares stories, insights, and travel perspectives, while the Cleveland Pops Orchestra performs a live, rich, cinematic soundtrack. Blending travel, storytelling, and music, this immersive concert experience at the Severance Music Center brings iconic destinations vividly to life. *Registration/refund date is Feb 19.*
Activity Level: Mild
Resident | Non-Resident: $115

date	*day*	*time*
Apr 3	Saturday	6:00 - 10:15 p.m.

Asian Markets (Laketran)
Join us for a fun filled day out as LaDonna from Let's Cook takes us on a tour and provides information about two of Cleveland's Asian markets. The bus will travel to Asia Town Center to visit Asia Food Company. After our visit there, we will travel just around the corner to Asian Plaza where we will visit Park to Shop, another Asian grocery. During our time at Asian Plaza, you will also have time to visit the smaller stores within the plaza and you may have lunch (on your own) at Li Wah restaurant. *Registration/refund date is Mar 22.*
Activity Level: Mild
Resident | Non-Resident: $28

date	*day*	*time*
Apr 12	Monday	8:30 a.m. - 2:30 p.m.

Phantom of the Opera at Playhouse Square (Laketran)
The Phantom is back to thrill audiences once again! Cameron Mackintosh presents a revitalized new production of Andrew Lloyd Webber's legendary musical, PHANTOM now returns "more spectacular than ever". *Registration/refund date is Jan 15.*
Activity Level: Mild
Resident | Non-Resident: $140

date	*day*	*time*
Apr 15	Thursday	12:30 - 4:45 p.m.

Olde Avon Village (Laketran)
Visit Olde Avon Village for the day. The first stop is Sandstone Candle Works to create your own sandstone candle (included). Lunch will be provided by the Tree House Gallery and Tea Room (included) on site. Following our time at Sandstone, you will have time to browse the Shoppes of Olde Avon Village. *Registration/refund date is Apr 6.*
Activity Level: Mild
Resident | Non-Resident: $76 might change once meal is confirmed

date	*day*	*time*
May 6	Thursday	10:00 a.m. - 3:00 p.m.

Peter Pan at Playhouse (Laketran)
Get ready to believe in magic with Peter Pan, an adventure that soars off the stage! This imaginative ballet follows Peter Pan, Wendy, and the Lost Boys to the magical world of Neverland. The exquisite artistry of Cleveland Ballet has been capturing the hearts of patrons in Northeast Ohio and beyond since 2015. *Registration/refund date is Mar 24.*
Activity Level: Mild
Resident | Non-Resident: $93, lunch included at Piew W after show

date	*day*	*time*
May 7	Friday	9:15 a.m. - 4:00 p.m.

Music Near the Market (Laketran)
Travel to Trinity Church in Ohio City to attend a free concert featuring their famous Beckerath organ. Complimentary coffee and light snacks will be available. After the concert, enjoy lunch at Town Hall Restaurant in Ohio City (on your own). The last stop is at Mitchell's Ice Cream Flagship Store (on your own). *Registration/refund date is May 5.*
Activity Level: Mild
Resident | Non-Resident: $21

date	*day*	*time*
May 26	Wednesday	11:15 a.m. - 4:30 p.m.

Out to Lunch Bunch (Laketran)
Registration begins Dec 7 & 8

Beginning in January, we will now be using Laketran for Out to Lunch trips. The lunch trip will be $20 and only includes transportation to the restaurant. There will be no meal choices to and from select from like previous years, you will simply order off the menu and pay individually. Laketran bus capacity is 32 so we can now serve more members for our very popular OTL trips.
Activity Level: Mild
Resident | Non-Resident: $20
Friday(s), 11:15 a.m. - 2:45 p.m.
(unless otherwise noted)

Jan 15: Cowboy Food & Drink in Chagrin Falls
Cowboy's BBQ is smoked in-house in a 500-pound Southern Pride Smoker! Smother it in one of their four homemade Cowboy BBQ Sauces, served with signature sides and honey butter cornbread. *Registration/refund date is Dec 31.*

Feb 19: Foster's Tavern of Hinckley
Foster's is a local neighborhood restaurant sure to please everyone with an extended menu and fine dining room that's great for enjoying a home-cooked family meal. Known for our burgers and pizza and hot bowls of our seasonal soups, we look forward to making your experience with us one to remember. *Registration/refund date is Feb 5.*

Mar 19: Leo's Italian Social
When you're gathering with friends or celebrating life's little moments, Leo's Italian Social offers a warm, welcoming space where every meal feels like a special occasion. Menu choices, shareable plates, bold Italian flavors, are details designed to bring people together. *Registration/refund date is Mar 5.*

Apr 16: Summer Place in Lakewood
If you are looking for great food and good vibes, everything is better in the summer and with a summer menu. Take a seat, take a breath and take in the view. You can stop looking now, you've found your summer place! Our profits are shared with our charitable partner, Awakening Angels, to help transform the lives of those with Down syndrome, autism and developmental disabilities. *Registration/refund date is Apr 2.*

May 21: Baci Winery in Madison
Experience the ultimate relaxation at Baci Winery, nestled in the heart of Madison, Ohio. Surrounded by picturesque vineyards and breathtaking landscapes, Baci offers an ideal setting to indulge in and savor delectable Italian cuisine. Join us for an unforgettable time – we can't wait to welcome you! Baci is a CASHLESS restaurant. *Registration/refund date is May 7. ** 11:30 a.m. - 2:30 p.m**

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To the current resident or:

Membership renewal begins January 4th – plan on coming in 30 minutes before your first scheduled activity to renew
The building will be closed for maintenance Feb 22- 26

Admin and City Staff
Phone number to Senior Center: *440-974-5725*

Senior Center Manager
Renee Ochaya
ochaya@cityofmentor.com

Recreation Coordinator
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Recreation Coordinator
Colleen Higgins
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Administered by the City of Mentor Department of Parks, Recreation, & Public Facilities

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