



Mentor Senior Center October Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Egg Bake & Fresh Fruit	2 Sweet & Sour Chicken over Rice	3 Tuna Noodle Casserole	4 Meatloaf, Mashed Potatoes & Gravy
7 Baked Chicken	8 Cheeseburger	9 Chicken Caesar Wrap	10 Volunteer PRE-REGISTRATION REQUIRED	11 Cook's Choice
14 Chicken Marsala & Rice	15 Italian Sausage Potato Casserole	16 Tuna Platter	17 Pulled BBQ Pork Sandwich	18 Spaghetti & Meat Sauce
21 Grilled Cheese & Soup	22 Meatball Sub	23 Stuffed Shells	24 Chili Cook Off No Lunch	25 Tuna Salad Wrap
28 Honey Lime Chicken	29 Pasta & Meatballs	30 Pork Loin, Mashed Potatoes & Gravy	31 Monthly Celebration PRE-REGISTRATION REQUIRED	

Stop by for the best deal in town! Mentor Senior Center's talented kitchen staff and volunteers prepare delicious, freshly made entrees, sandwiches, salads, soup, and desserts at reasonable prices, for dine in or carry out.

A daily Cook's Special features a meat or other high protein dish, and a vegetable at a cost of \$5.00. Additional items available for purchase a la carte include daily homemade soup and sandwiches, and scrumptious made from scratch cookies. Drinks include coffee, tea, milk, lemonade, and soda. The monthly menu is available at the Senior Center front desk, in the monthly newsletter and online at www.mentorseniorcenter.com.

No reservation or pre-ordering. Simply place your order in person and pay the cashier, pick up your meal at the kitchen window and enjoy. ease bus your table promptly when finished eating.

October Celebrations:

Location: Senior Center Great Room

Resident | Non-Resident: \$9

1) Volunteer Celebration : Thurs 10/10 from 11:30-1p

Our volunteers are worth their weight in gold and this is our opportunity to give them a round of applause Lunch includes lasagna, mixed green salad, garlic toast and homemade apple cake with vanilla ice-cream for dessert. **If you are a volunteer and have recorded at least 12 volunteer hours from Jul 1 2023 – Jun 30, 2024, your registration will be paid for by funds allocated through Mentor Seniors, LLC board and the City of Mentor.** Entertainment is the Frank and Dean...and then some Rat Pack Show. **Reservation deadline is Sept 30.**

2) Monthly Celebration : Thurs 10/31 from 11:30-1p

Made from scratch stuffed peppers, mashed potatoes with sauce and dirt pudding. Travelin Man Duo will provide music from the 50s and 60s. Mix in the guitar and tambourines for a wonderful afternoon performance. **Reservation deadline is October 21.**

440-974-5725 or 440-255-1100 ext. 7500 | www.mentorseniorcenter.com

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